

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Room Legend	Room Legend					1
(G) Gym (P) Piano Lounge (T) Theatre (L) Library (B) Bayview Room (D) Dining Room	(Bi) Billiards Area (S) Skyline Lounge (C) Coffee Bistro (SU) Sign Up (Te) Terrace (\$) Cost Associated (Sp) Spa	*Calendar is subject to change, please see daily activity sheets in elevator for accurate program listings.				9:45 Stretch and Balance (G) 10:30 Word in a Word 2 (B) 1:00 Fitness w/ Shelby (G) 1:00 Self-Led Cribbage (B) 1:45 Trivia (L) 3:00 Youth Art for Action (B) 7:00 Movie Night: A Star is Born (T)
2	3	4	Hair by Inky 5	6	Hair by Annette 7	8
9:30 Chair Yoga w/ Christie 1 (G) 9:45 Hear at Home (T) 10:00 Chair Yoga w/ Christie 2 (G) 10:30 Chair Yoga w/ Christie 3 (G) 11:00 Singing Group (P) 11:15 Mexican Train (B) 2:00 Life Talks w/ Lois (L) 3:30 BINGO (B) 7:00 Ted Talk: The genesis of google (T)	9:45 PERK Activities (B) 10:45 Fitness w/ Prabh (G) 11:15 Fitness w/ Prabh (G) 1:00 Dollarama/Liquor Store (SU) 1:30 In Stitch Us: Knitting (P) 2:00 Self-Led Bridge Group (B) 6:30 Self-Led Canasta (B)	10:00 Self-Led Gardening (Te) 10:15 Pear Tree Elementary School Final Visit of the School Year (Te) 11:00 Zumba w/ Eric (SU) 1:00 Wii Bowling 1 (P) 2:00 American Mahjong (B) 2:00 Converse w/ Denise (SU) 2:30 Digital Literacy w/ Daryl (SU) 2:30 Cards/Board Games (S)	9:45 Kingsgate Mall (SU) 10:00 Fitness w/ Prabh (G) 10:30 Fitness w/ Prabh (G) 12:45 Fitness Techniques w/ Shelby (SU) 1:00 Word in a Word 1 (B) 1:30 Stretch and Balance (G) 2:30 Interpretive Dance w/ Kevin (B) 4:00 Recreation Workshop (B) 6:30 Self Led card/board games (B) 7:00 Beata Vocal Ensemble (P)	10:00 Walking Group (C) 11:00 Seated Tap Dance w/ Beryl (B) 11:15 Movie Selection Meeting (T) 1:00 Stretch and Balance (G) 2:00 Performance by Greg Alcock (P) 3:00 Wine and Cheese (C) 7:00 Movie Night: Good Morning, Vietnam (T)	10:00 Zumba w/ Eric (SU) 10:00 Granville Island/No Frills Shuttle (SU) 11:00 Self Led Scrabble (B) 1:30 Floral Arrangement w/ Aimee & Lauren (B) 3:00 Self Led Games (B) 3:00 Stretch and Balance (G) 7:00 Movie Night: Testament of Youth	9:45 Stretch and Balance (G) 10:30 Word in a Word 2 (B) 1:00 Fitness w/ Shelby (G) 1:00 Self-Led Cribbage (B) 1:45 Trivia (L) 3:00 Creative Card Making (B) 7:00 Movie Night: Hairspray (T)
9	10	11	Hair by Inky 12	13	Hair by Annette 14	Father's Day 15
9:30 Chair Yoga w/ Christie 1 (G) 10:00 Chair Yoga w/ Christie 2 (G) 10:30 Chair Yoga w/ Christie 3 (G) 11:00 Singing Group (P) 11:15 Mexican Train (B) 2:00 Life Talks w/ Lois (L) 3:30 BINGO (B) 7:00 Ted Talk: Lessons from the 1918 flu	9:45 PERK Activities (B) 1:30 In Stitch Us: Knitting (L) 2:00 Self-Led Bridge Group (B) 2:30 Arts Club Performance (P) 6:30 Self-Led Canasta (B)	10:00 Gardening (Te) 11:00 Packed Lunches to Jericho Beach (SU) 11:00 Zumba w/ Eric (SU) 2:00 American Mahjong (B) 2:00 Converse w/ Denise (SU) 2:30 Digital Literacy w/ Daryl (SU) 2:30 Cards/Board Games (S)	10:00 Fitness w/ Prabh (G) 10:30 Fitness w/ Prabh (G) 1:00 Word in a Word 1 (B) 1:30 Stretch and Balance (G) 2:30 Interpretive Dance w/ Kevin (B) 3:30 High Tea (S) 6:30 Casino Night (P)	10:00 Walking Group (C) 11:00 Seated Tap Dance w/ Beryl (B) 11:15 Public Library Rentals (P) 1:00 Stretch and Balance (G) 2:00 Performance by Mack Riddell (P) 3:00 Wine and Cheese (C) 7:00 Movie Night: My Big Fat Greek Wedding (T)	10:00 Zumba w/ Eric (SU) 10:00 Musqueam Golf Driving Range (SU) (\$) 11:00 Self Led Scrabble (B) 1:30 Wii Bowling 2 (P) 3:00 Self Led Games (B) 3:00 Stretch and Balance (G) 7:00 Movie Night: The Mask of Zorro (T)	9:45 Stretch and Balance (G) 10:30 Word in a Word 2 (B) 1:00 Fitness w/ Shelby (G) 1:00 Self-Led Cribbage (B) 2:30 Father's Day Happy Hour (C) 3:00 Youth Art for Action (B) 7:00 Movie Night: Julia Roberts is Erin Brockovich (T)
16	17	Footcare by Evelyn 18	Hair by Inky 19	First day of Summer 20	Hair by Annette 21	22
9:30 Chair Yoga w/ Christie 1 (G) 10:00 Chair Yoga w/ Christie 2 (G) 10:30 Chair Yoga w/ Christie 3 (G) 11:00 Singing Group (P) 11:15 Mexican Train (B) 2:00 Life Talks w/ Lois (L) 3:30 Self Led BINGO (B) 7:00 Ted Talk: Antonio Donato Nobre: The magic of the Amazon: a river that flows inevitably all around us	9:45 PERK Activities (B) 10:45 Fitness w/ Prabh (G) 11:15 Fitness w/ Prabh (G) 1:00 Town Hall Meeting (P) 1:30 In Stitch Us: Knitting (P) 2:00 Self-Led Bridge Group (B) 6:30 Self-Led Canasta (B)	10:00 Gardening (Te) 11:00 Zumba w/ Eric (SU) 1:00 Wii Bowling 1 (P) 2:00 American Mahjong (B) 2:00 Connect and Converse w/ Denise (SU) 2:30 Digital Literacy w/ Daryl (SU) 2:30 Cards/Board Games (S)	10:00 Fitness w/ Prabh (G) 10:30 Fitness w/ Prabh (G) 1:00 Word in a Word 1 (B) 1:30 Stretch and Balance (G) 2:30 Interpretive Dance w/ Kevin (B) 3:30 Birthday Party (C) 6:30 Card/board games (B)	10:00 Walking Group (C) 11:00 Seated Tap Dance w/ Beryl (B) 1:00 Stretch and Balance (G) 2:00 Performance by Barbara and Gord Those Were The Days (P) 3:00 Wine and Cheese (C) 7:00 Movie Night: Harry Potter (T)	10:00 Zumba w/ Eric (SU) 9:15 River Rock Casino (SU) 11:00 Self-Led Scrabble (B) 1:30 Welcome Summer Ice Cream Social (Te) 3:00 Self Led Games (B) 3:00 Stretch and Balance (G) 7:00 Movie Night: Secondhand Lions (T)	9:45 Stretch and Balance (G) 10:30 Word in a Word 2 (B) 1:00 Ladner Village Market (SU) (\$) 1:00 Self-Led Cribbage (S) 1:45 Trivia (L) 3:00 Creative Card Making (B) 7:00 Movie Night: Chicago (T)
23	24	25	Hair by Inky 26	27	Hair by Annette 28	29
9:30 Chair Yoga w/ Christie 1 (G) 10:00 Chair Yoga w/ Christie 2 (G) 10:30 Chair Yoga w/ Christie 3 (G) 11:00 Singing Group (P) 11:15 Mexican Train (B) 2:00 Life Talks w/ Lois (L) 3:30 BINGO (B)	9:45 PERK Activities (B) 10:45 Fitness w/ Prabh (G) 11:15 Fitness w/ Prabh (G) 1:30 In Stitch Us: Knitting (P) 2:00 Connect and Converse w/ Mackenzie (SU) 3:00 Workshop w/ Prabh (Sp) 2:00 Self-Led Bridge Group (B) 6:30 Self-Led Canasta (B)	10:00 Stanley Park Seawall Walk (SU) 10:00 Gardening (Te) 11:00 Zumba w/ Eric (SU) 1:00 Wii Bowling 1 (P) 2:00 American Mahjong (B) 2:00 Connect and Converse w/ Denise (SU) 2:30 Digital Literacy w/ Daryl (SU) 2:30 Cards/Board Games (S) 3:00 Silver Spoon (S)	10:00 Fitness w/ Prabh (G) 10:30 Fitness w/ Prabh (G) 1:00 Word in a Word 1 (B) 1:30 Stretch and Balance (G) 2:30 Interpretive Dance w/ Kevin (B) 2:30 Poetry Recitation (L) 3:30 Discuss the Book You're Reading (L) 6:30 Casino Night (P)	10:00 Walking Group (C) 11:00 Seated Tap Dance w/ Beryl (B) 1:00 Stretch and Balance (G) 2:00 Performance by Health Arts (P) 3:00 Wine and Cheese (C) 7:00 Movie Night: Doctor Zhivago (T)	10:00 Zumba w/ Eric (SU) 10:00 Wii Bowling 2 (P) 11:00 Self-Led Scrabble (B) 2:00 Performance by Julie Lowe School (P) 3:00 Self Led Games (B) 3:15 Stretch and Balance (G) 7:00 Movie Night: Runaway Bride (T)	9:45 Stretch and Balance (G) 10:30 Word in a Word 2 (B) 12:30 Vancouver Canadians Game (SU) (\$) 1:00 Self-Led Cribbage (B) 3:00 Youth Art for Action (B) 7:00 Movie Night: Charlie Wilson's War (T)
30						
9:30 Chair Yoga w/ Christie 1 (G) 10:00 Chair Yoga w/ Christie 2 (G) 10:30 Chair Yoga w/ Christie 3 (G) 11:00 Singing Group (P) 11:15 Mexican Train (B) 2:00 Life Talks w/ Lois (L) 3:30 Bingo (B)						

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